

A glass globe of the Earth is the central focus, resting on a mossy rock. The background is a soft-focus forest scene with sunlight filtering through the trees, creating a warm, natural atmosphere. The globe shows the continents and is surrounded by greenery.

# *Changing me*

*In this task you will be able to:*

- Understand that there are cycles of life in nature*
- That cycles of life happen all around us*

# *An introduction to life cycles.*

*Watch the clip below.*

<https://www.bbc.co.uk/bitesize/clips/zp62tfr>

*What life cycles do you see on the clip?*

*How does change happen to the living things you see on the clip?*

# Task:

Choose one life cycle from the clip and draw that living thing from when it was a baby/seed/infant to how it changes to become an adult or fully grown.

Label your pictures and write a sentence to describe how it changes.

There is an example of how to do this too below.

